# Body Composition (DEXA lean/fat) NINGLA_DXA_001

## Purpose

Measure bone mineral content and density as well as body composition in mice using the DEXA (Dual Energy X-ray Absorptiometry) analyser.

## Experimental Design

- **Minimum number of animals :** 7M + 7F
- **Age at test:** Week 57

## Procedure

3.1 Calculate and record the volume of anaesthetic solution required for intraperitoneal (IP) injection.

3.2 Anesthetize the mice.

3.3 Monitor the animal carefully until unconsciousness by ensuring that the mouse is adequately sedated.

3.4 Weigh the mouse and record the value.

3.5 Measure the length of the mouse as follows and record the value (accuracy ±0.1cm)

3.5.1 Place the unconscious mouse on a disinfected ruler so that its nose is at zero

(figure 1).

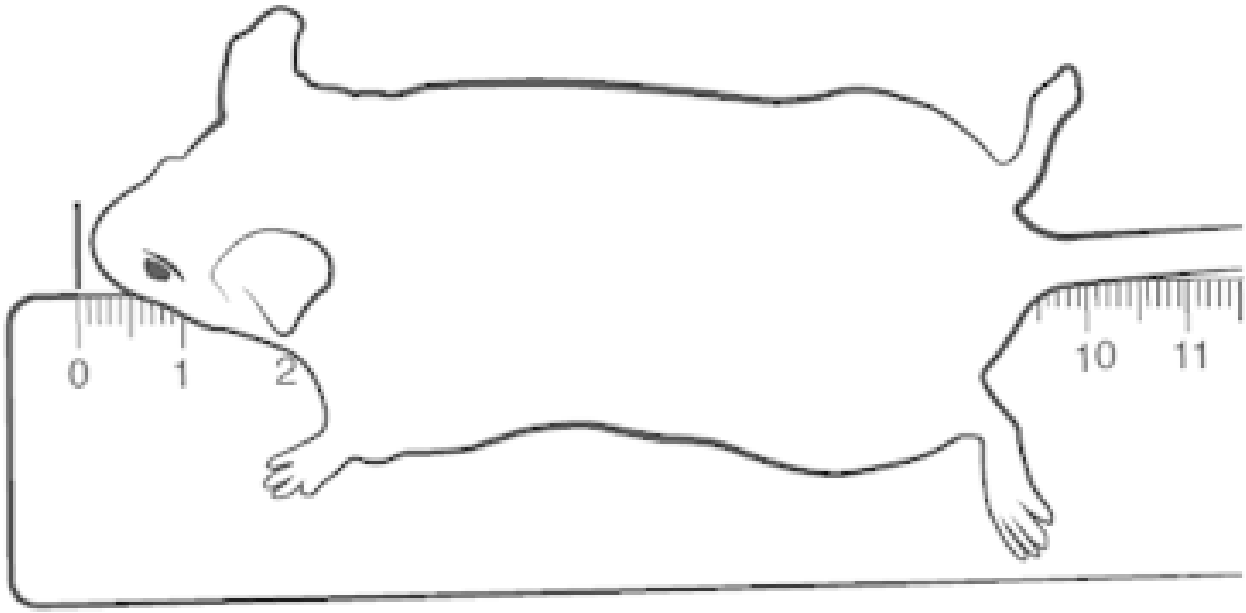



Figure 1

3.5.2 To measure the entire length of the head press gently against the ruler (figure 2) and gently pull the tail to ensure that the spine returns to its full length (figure 3).



Figure 2

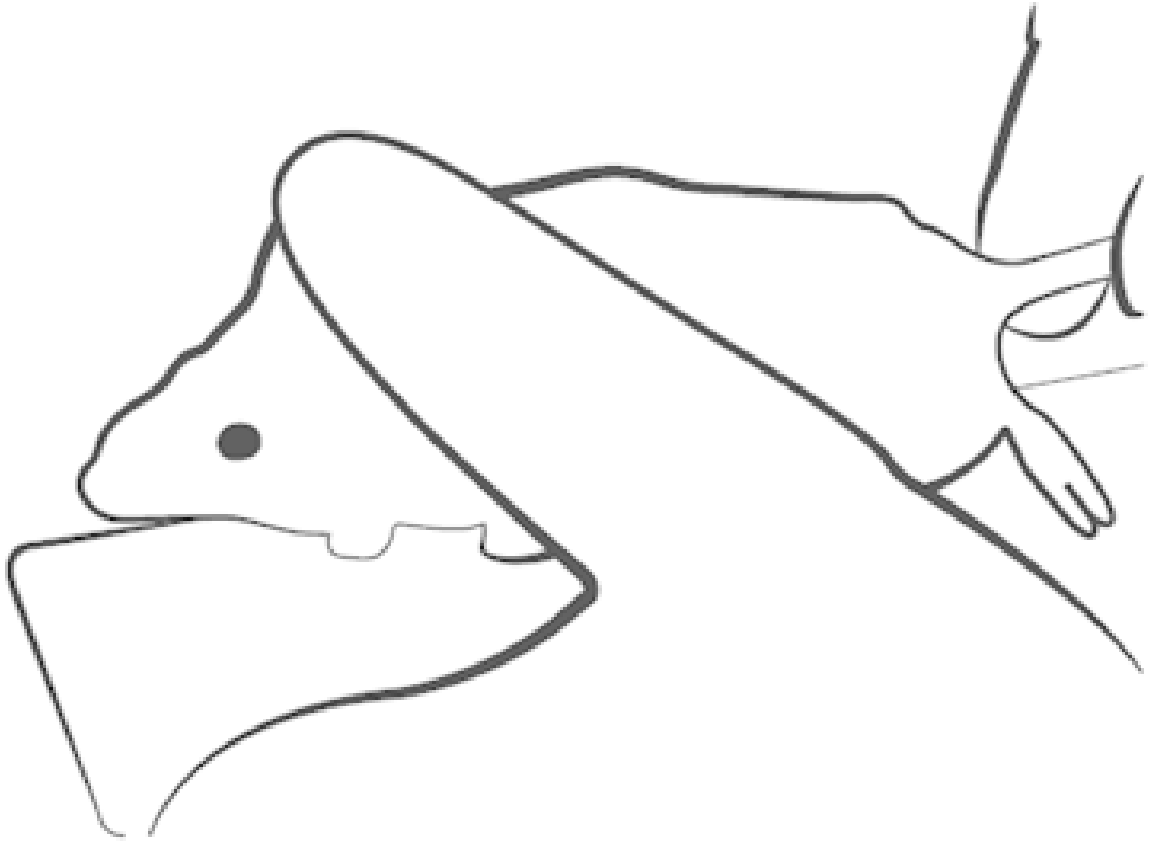


Figure 3

3.5.3 Measure the length starting from the nose (0cm) to the beginning of the tail (figure 4). Record the measurement – the accuracy is within 0.1cm. For example in figure 4 the length of the mouse is 9.5cm.

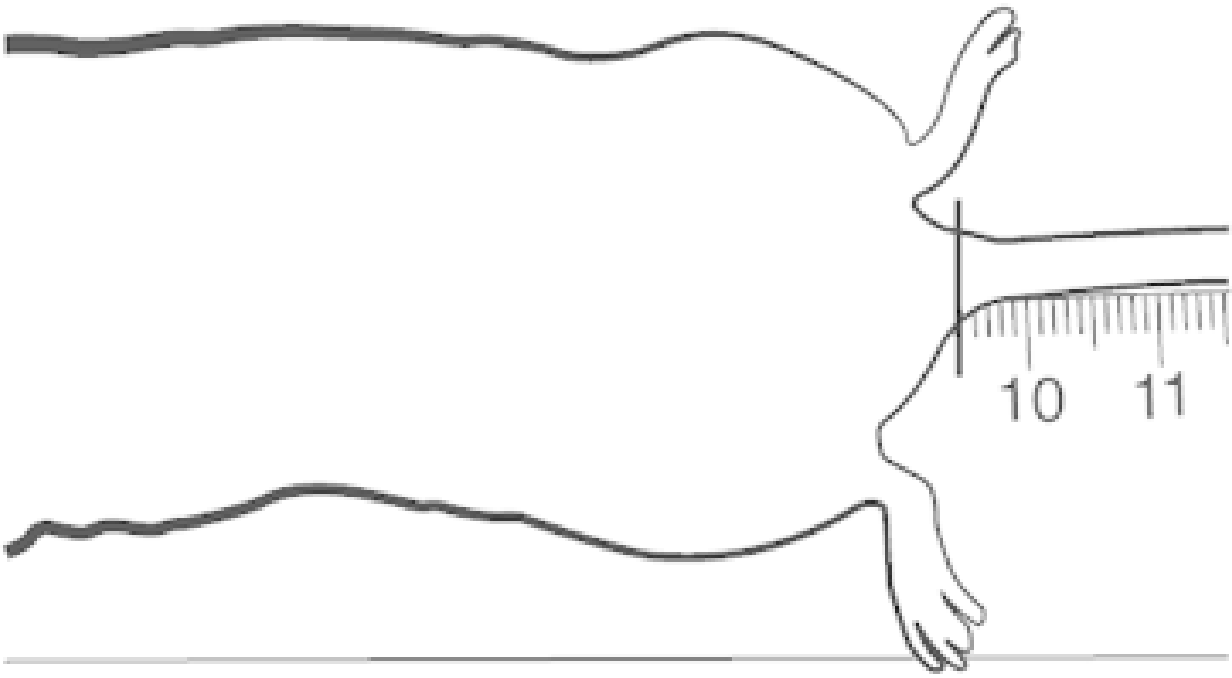



Figure 4

3.5.4 Disinfect the ruler and contact area after the measurement has been taken.

3.6 Place the unconscious mouse into the DEXA analyser.

3.7 Perform a scout-scan.

3.8 Optimise the area of interest and perform a measure-scan.

3.9 Note that the exposure dose per mouse is 300Sv.

3.10 For the analysis of the data, regions of interest must be defined. The standard analysis comprises of a whole body analysis excluding the head area.

Continue with X-ray analysis or

3.11 Remove the mouse once the image is captured. Place the mouse on a heated mat, set at 37ºC, in a cage and monitor closely until consciousness is regained.

## Notes

Dual-energy X-ray Absorptiometry (DEXA or DXA) is a method of quantifying bone mineral content and density. DXA uses an X-ray generator of high stability to produce photons over a broad spectrum of energy levels. Its photon output is filtered to produce the two distinct peaks necessary to distinguish bone from soft tissue.

The technique used for separating photon output into two distinct energy levels is known as ‘K-edge’ filtration. By placing a filter element in the beam path, energy levels reacting with the filter material are sharply attenuated. The filter effect gradually lessens at higher energy

levels, and so a second peak is introduced. The tin filter material used in this system produces energy peaks at 28keV and 48keV. Two solid-state detectors and proprietary energy discrimination are used to determine high and low energy counts.

The count data is transformed by software into bone and non-bone components, thus generating the bone density values. Information is generated about body weight, body length, fat and bone mass, bone mass density, and lean mass of each mouse.

**Data QC**

Calibration of the system is done daily and use of the phantoms delivered by the manufacturer (for BMC, total weight and fat percent) is performed in weekly intervals. The results from the calibration runs are recorded.

## Parameters and Metadata

### Anesthesia NINGLA_DXA_015_001 | v1.0

procedureMetadata

**Req. Analysis:** false **Req. Upload:** true **Is Annotated:** false

**Options:** Domitor+Ketamin, Euthatal, Tribromoethanol, Isoflurane, Pentobarb, Ketamine+Xylazine, Ketamine+Xylazine+Antisedan, No anesthesia, Avertin,

---

### Bone Area NINGLA_DXA_010_001 | v1.3

simpleParameter

**Req. Analysis:** false **Req. Upload:** false **Is Annotated:** true

**Unit Measured:** cm^2

**Derivation:** div('NINGLA_DXA_005_001', 'NINGLA_DXA_004_001')

---

## BMC/Body weight NINGLA_DXA_007_001 | v1.3

simpleParameter

**Req. Analysis:** false **Req. Upload:** false **Is Annotated:** true

**Unit Measured:** ratio

**Derivation:** div('NINGLA_DXA_005_001', 'NINGLA_DXA_001_001')

---

## Date equipment last calibrated NINGLA_DXA_017_001 | v1.2

procedureMetadata

**Req. Analysis:** false **Req. Upload:** false **Is Annotated:** false

---

## Fat/Body weight NINGLA_DXA_009_001 | v1.3

simpleParameter

**Req. Analysis:** false **Req. Upload:** false **Is Annotated:** true

**Unit Measured:** ratio

**Derivation:** div('NINGLA_DXA_002_001', 'NINGLA_DXA_001_001')

---

## HAW NINGLA_DXA_018_001 | v1.1

procedureMetadata

**Req. Analysis:** true **Req. Upload:** false **Is Annotated:** false

**Unit Measured:** g/cm^2

---

## Fat mass NINGLA_DXA_002_001 | v1.1

simpleParameter

**Req. Analysis:** false **Req. Upload:** true **Is Annotated:** true

**Unit Measured:** g

---

## Equipment ID NINGLA_DXA_011_001 | v1.0

procedureMetadata

**Req. Analysis:** false **Req. Upload:** true **Is Annotated:** false

---

## Lean mass NINGLA_DXA_003_001 | v1.1

simpleParameter

**Req. Analysis:** false **Req. Upload:** true **Is Annotated:** true

**Unit Measured:** g

---

## Bone Mineral Density (excluding skull) NINGLA_DXA_004_001 | v1.2

simpleParameter

**Req. Analysis:** false **Req. Upload:** false **Is Annotated:** true

**Unit Measured:** g/cm^2

---

## Body weight NINGLA_DXA_001_001 | v1.1

simpleParameter

**Req. Analysis:** false **Req. Upload:** true **Is Annotated:** false

**Unit Measured:** g

---

## Lean/Body weight NINGLA_DXA_008_001 | v1.3

simpleParameter

**Req. Analysis:** false **Req. Upload:** false **Is Annotated:** true

**Unit Measured:** ratio

**Derivation:** div('NINGLA_DXA_003_001', 'NINGLA_DXA_001_001')

---

## Equipment manufacturer NINGLA_DXA_012_001 | v1.1

procedureMetadata

**Req. Analysis:** true **Req. Upload:** true **Is Annotated:** false

**Options:** GE Medical Systems, Norland Stratec, Faxitron Bioptics LLC, Bruker,

---

## Body length NINGLA_DXA_006_001 | v1.2

simpleParameter

**Req. Analysis:** false **Req. Upload:** false **Is Annotated:** true

**Unit Measured:** cm

---

## Mouse Status NINGLA_DXA_014_001 | v1.0

procedureMetadata

**Req. Analysis:** false **Req. Upload:** true **Is Annotated:** false

**Options:** Anesthetized, Dead, Awake,

---

## Experimenter ID NINGLA_DXA_016_001 | v1.0

procedureMetadata

**Req. Analysis:** false **Req. Upload:** true **Is Annotated:** false

## Equipment model NINGLA_DXA_013_001 | v1.0

procedureMetadata

**Req. Analysis:** true **Req. Upload:** true **Is Annotated:** false

**Options:** Minispec MQ 10, UltraFocus DXA, Sabre, Minispec LF50, Lunar Piximus II, UltraFocus 100, Minispec LF90,

---

## Bone Mineral Content (excluding skull) NINGLA_DXA_005_001 | v1.2

simpleParameter

**Req. Analysis:** false **Req. Upload:** false **Is Annotated:** true

**Unit Measured:** g

---